



19TH WORLD STERILIZATION CONGRESS 2018

XIII INTERNATIONAL STERILIZATION CONGRESS AND HOSPITAL DISINFECTION

OCTOBER 31 TO NOVEMBER 3
2018 WORLD TRADE CENTER
MEXICO CITY

SCIENTIFIC PROGRAM



Cold Atmospheric Plasma to Decontaminate Surgical Instruments and Endoscopes

Bill Keevil PhD

Safe reuse of surgical instruments and endoscopes

Efficient cleaning

Effective disinfection

Sterilisation, where feasible

Not feasible for heat-sensitive instruments such as endoscopes whilst cleaning and disinfection can be compromised by any instruments with lumens and/or complex geometries.

Cleaning and disinfection can be compromised by any instruments with lumens and/or complex geometries.

How can these procedures be monitored and validated?

Infection control in clinical settings today

Steps in infection control

**Locate (and identify)
the infectious agent(s)**

**Eliminate (or neutralize?)
the infectious agent(s)**

**Prevent introducing
new infectious agent(s)**

Tools available

Eyes, Detection kits, bioassays

Equipment (AERs) and chemicals

SOPs (based on RA)

1. How Dead is Dead following “Cleaning”?

Recent outbreaks of biofilm-related antibiotic resistant strains such as *Klebsiella pneumonia* associated with complex:

- duodenoscopes
- gastroscopes
- cystoscopes
- uretoscopes

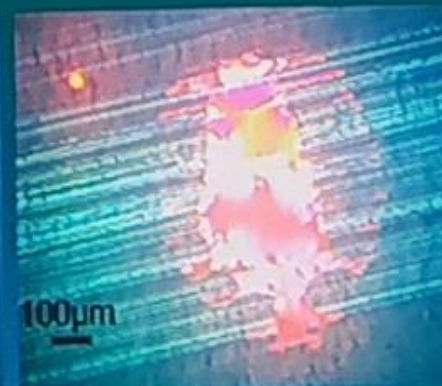
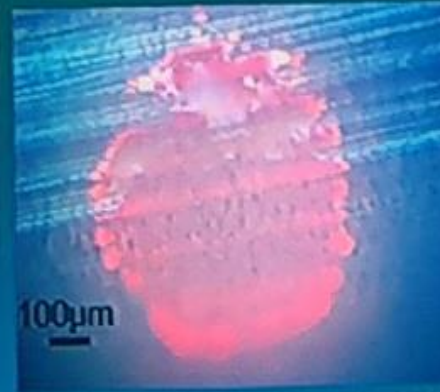
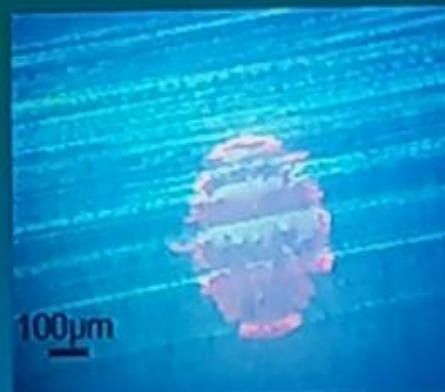
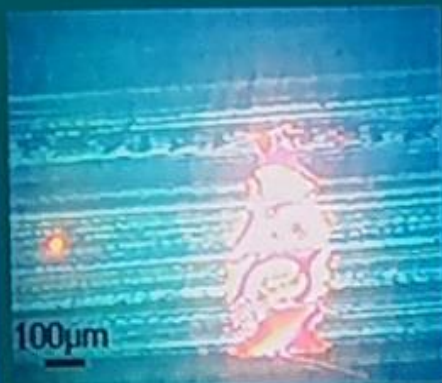
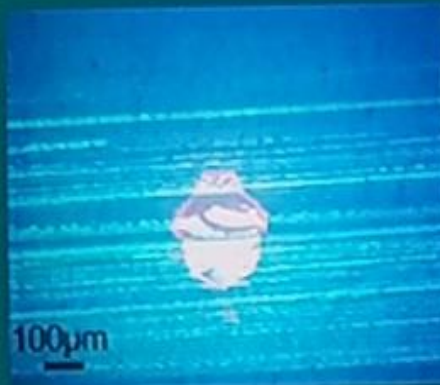
Original article 609

Persistent residual contamination in endoscope channels; a fluorescence epimicroscopy study

Endoscopy 2016; 48: 609-616

Channels recovered from endoscopes in clinical use: BIOFILM

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**Brush marks show biofilm not
removed during reprocessing**

Poor drying of luminal endoscopes



Residual water micro-droplets inside working channel after cleaning and passage of forced air



Major article

Correlation between the growth of bacterial biofilm in flexible endoscopes and endoscope reprocessing methods

Wu Ren-Pei MD^{a,1}, Xi Hui-Jun MD^{a,1}, Qi Ke MD^a, Wang Dong MD^a, Nie Xing PhD^b,
Li Zhao-Shen PhD, MD^{a,*}

American Journal of Infection Control 42 (2014) 1203–6

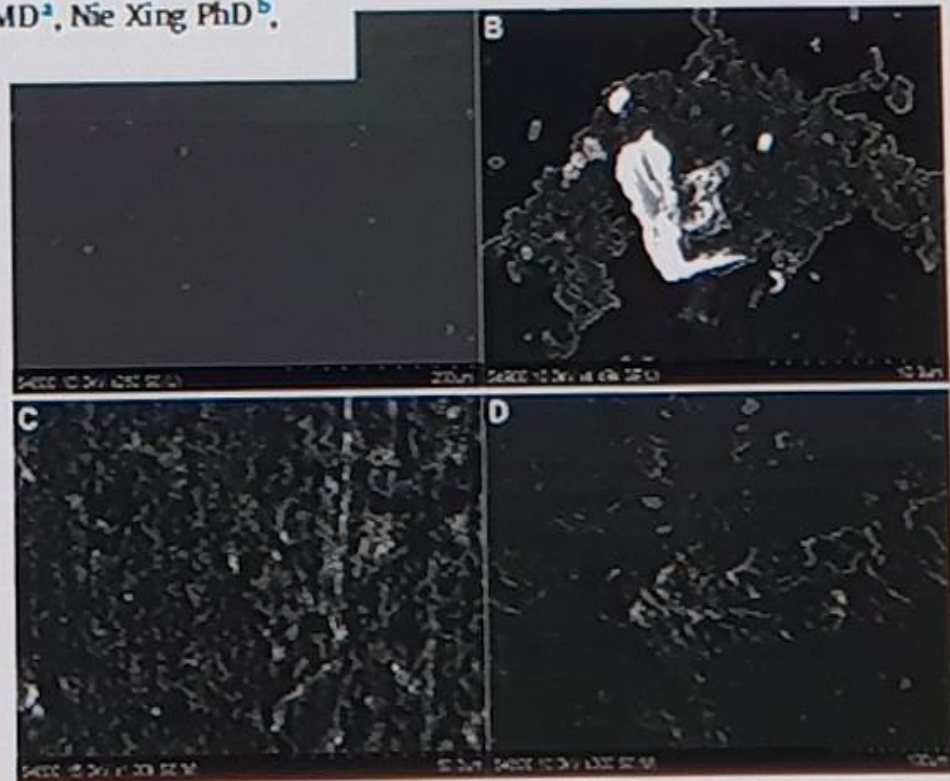


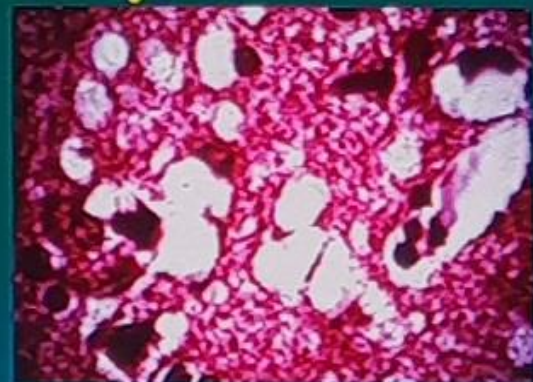
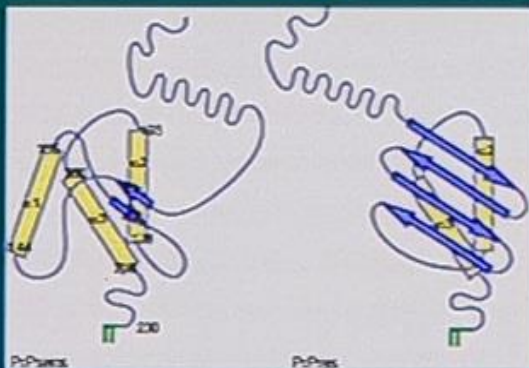
Fig. 1. Biofilm growth on the inner surface of suction and biopsy channels of endoscopes used clinically.

2. How Clean is Clean?

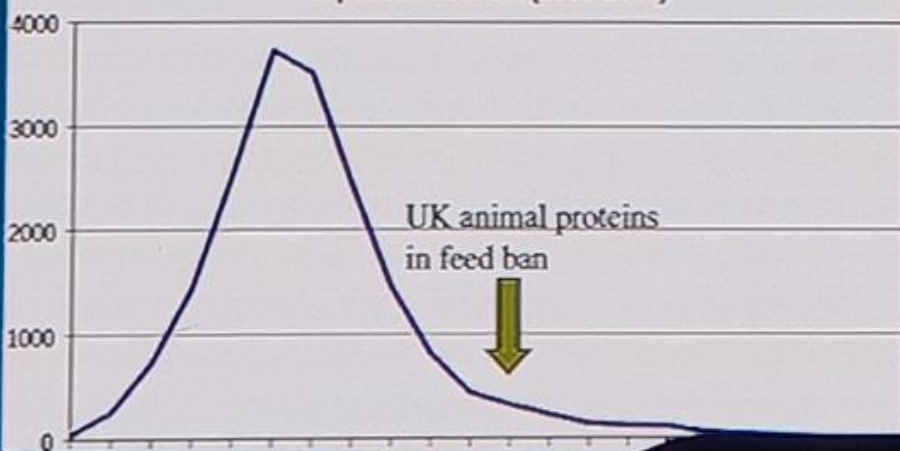
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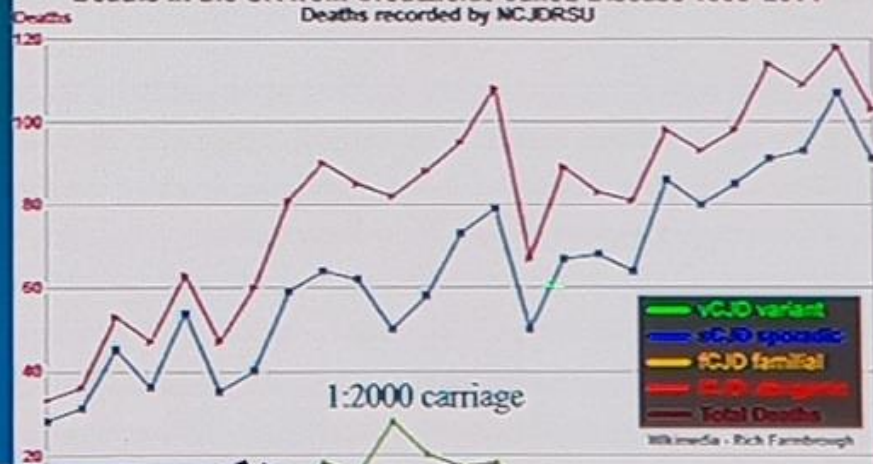
Current monitoring of protein residues is insensitive
Still concerned with infectious vCJD amyloid prion contamination
post-surgery. Bind strongly, resistant to temp, alkali/ enzyme cleaners



Number of cases of bovine spongiform encephalopathy (BSE) reported in the UK (1987-2008)



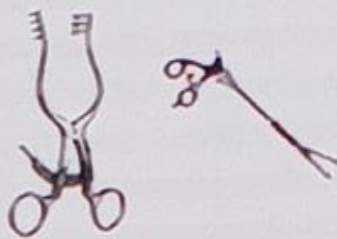


Deaths in the UK from Creutzfeldt-Jakob Disease 1990-2014
Deaths recorded by NCJDRSU



Spaulding classification

Earle H. Spaulding "strategy for sterilization or disinfection of inanimate objects and surfaces based on the degree of risk involved in their use" (1939)

Patient Contact	Examples	Device Classification	Minimum Inactivation Level
Intact skin		Non-Critical	Cleaning and/or Low/Intermediate Level Disinfection
Mucous membranes or non-intact skin		Semi-Critical	High Level Disinfection *
Sterile areas of the body, including blood contact		Critical	Sterilization Prions?

3. How Safe is Safe?

New recommendations: protein contamination on surgical instruments should be < 3 or $5 \mu\text{g}$ protein per instrument side

English Dept of Health HTM01-01 Guidance requires SSDs “should no longer rely on elution or swabbing to detect residual protein on an instrument.

The method should be validated as being able to detect protein equivalent to $\leq 5 \mu\text{g}$ of BSA *in situ* on the surface of an instrument. Commercial technologies that can detect the $5 \mu\text{g}$ limit *in situ* are being developed (see ACDP- TSE's Annex C).

Methods that do not have protein as their target, such as ATP assays, cannot be used as a substitute for residual protein detection.

Insensitive Biuret Test

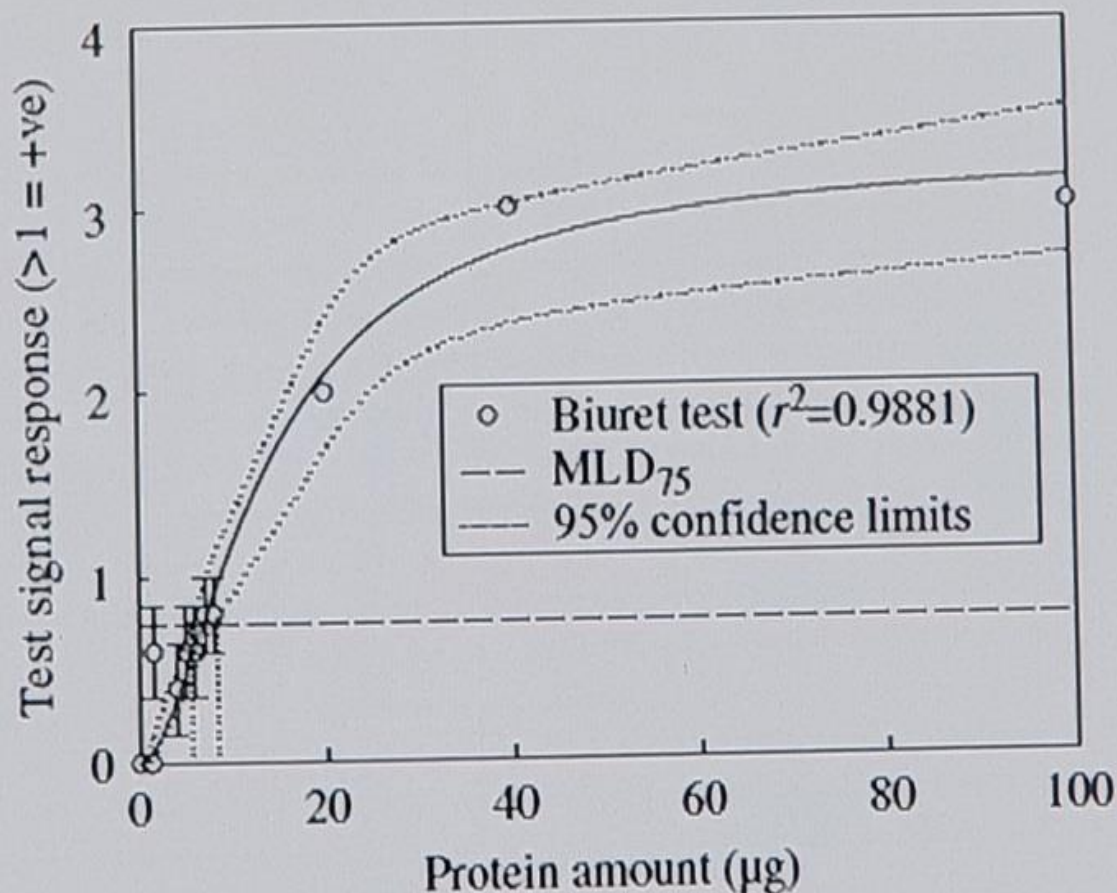
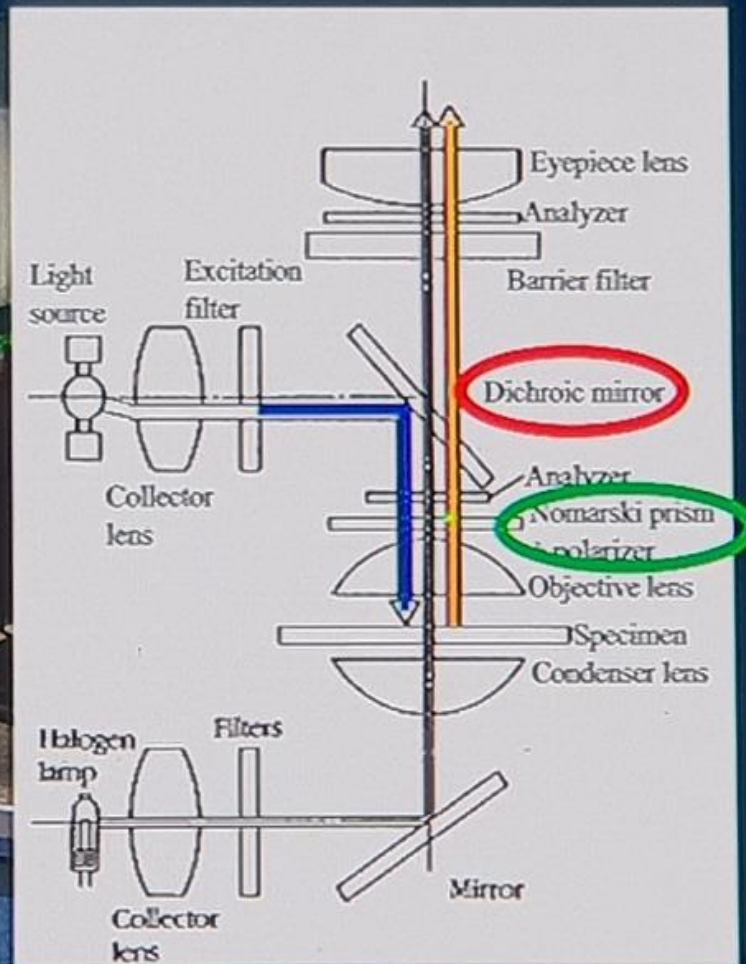
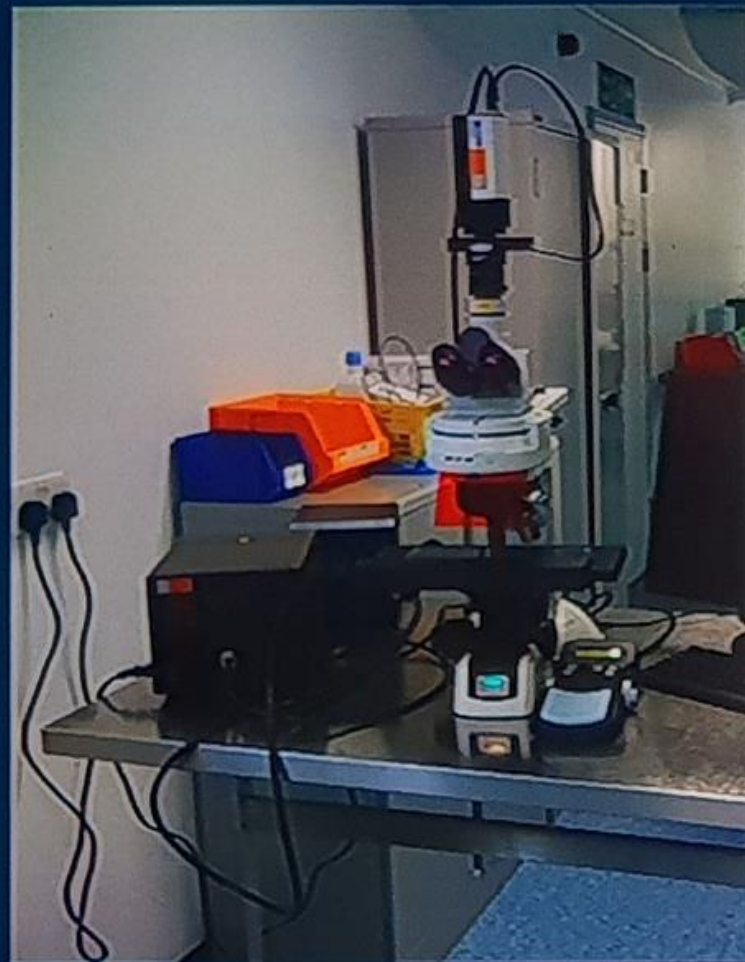


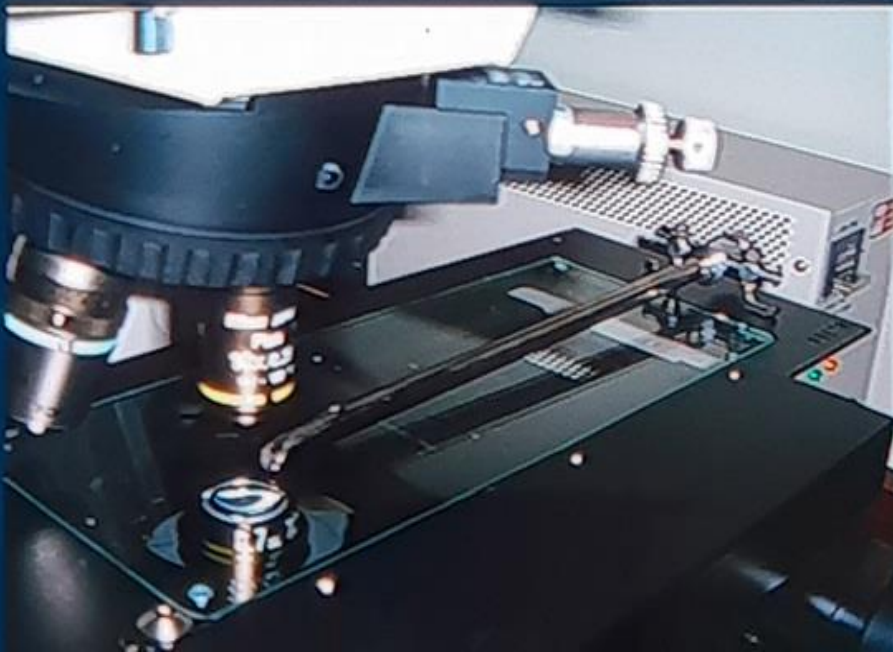
Figure 3 Biuret test sensitivity results giving a minimum level of detection observed by 75% of volunteers (MLD_{75}) sensitivity level of $6.7 \mu\text{g}$ (95% confidence interval $5.4\text{--}8.2 \mu\text{g}$).



**Episcopic Differential Interference Contrast with
Epifluorescence (EDIC/EF) microscopy.**

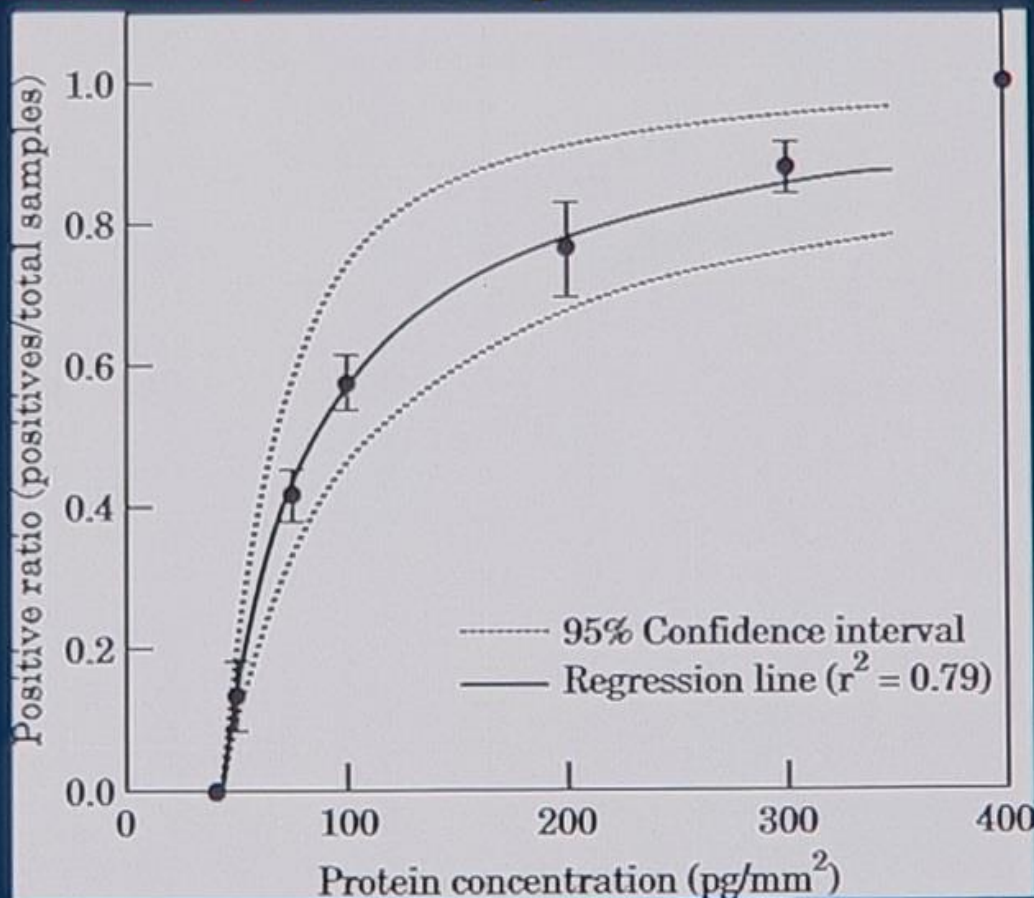
Keevil *et al.*, Water Sci Technol 2003

Tinscomb *et al* ITH 2006



**Unique features of the
EDIC/EF microscope enable a
range of medical instruments
to be inspected**

SYPRO Ruby Sensitivity of Protein Detection

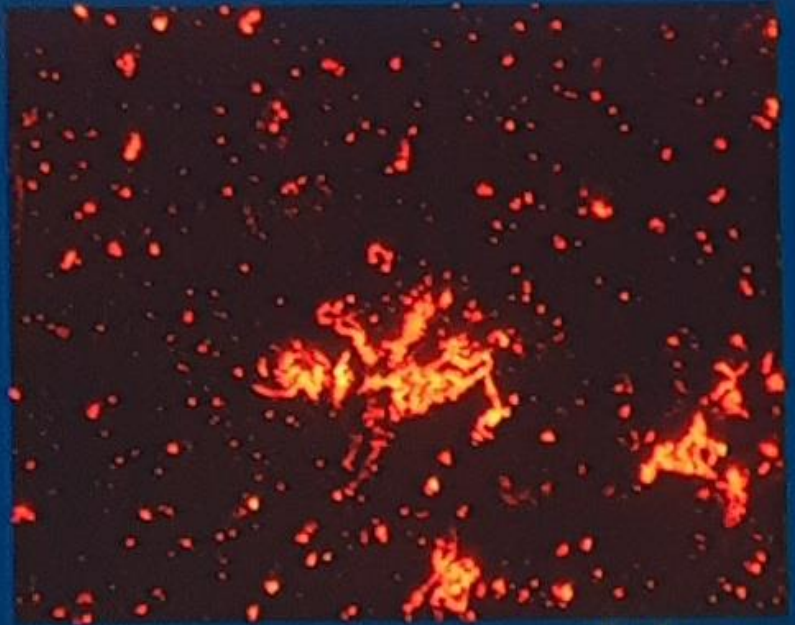


Results of dilution series showing where results were positive for brain homogenate (N=8 observers, 12 replicates per observer) on stainless steel surfaces. The minimum level of detection observed by 50% of volunteers was 85 pg/mm^2 (95% confidence intervals 67–112 pg/mm^2). Lipscomb et al., JHI 2006.

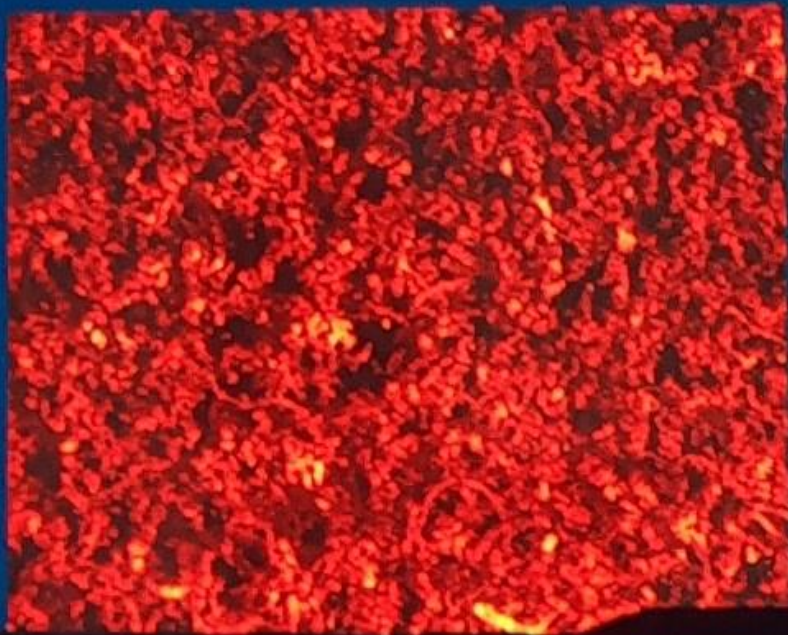
• $\text{MLD}_{75} = 175 \text{ pg/mm}^2$ (95% CI 104 – 286 pg/mm^2)

COMPARISON WITH BIURET AND NINHYDRIN TESTS

Protein concentrations
assessed by direct EDIC/EF
microscopy

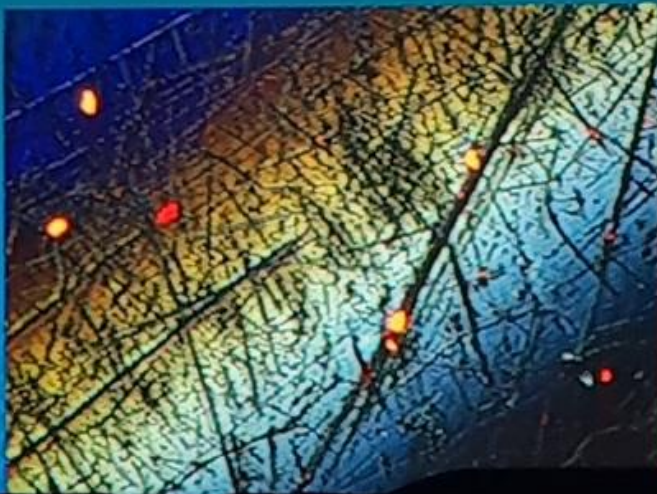
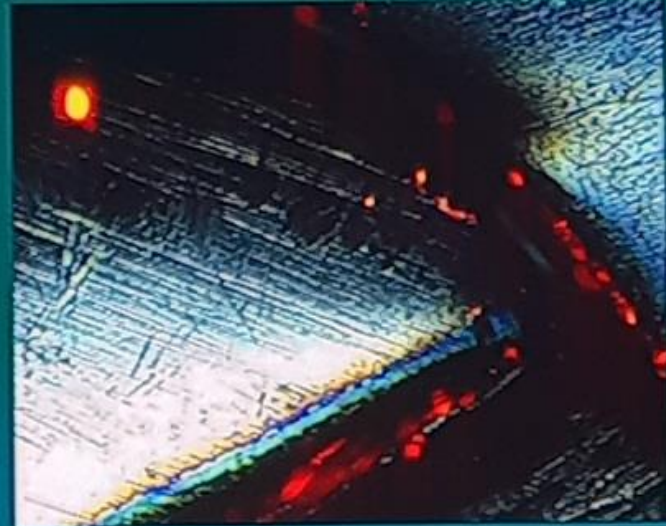
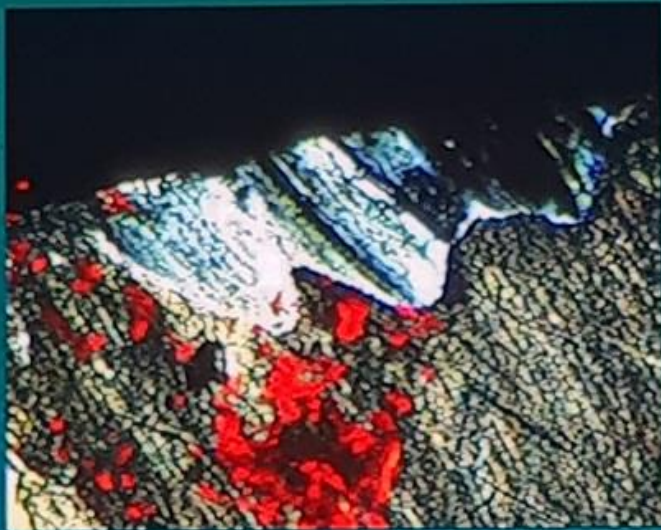


0.4 μg



Clean surgical instruments observed under EDIC/EF

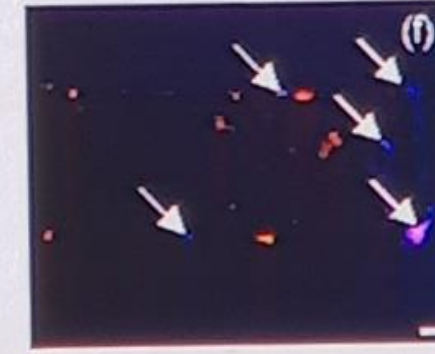
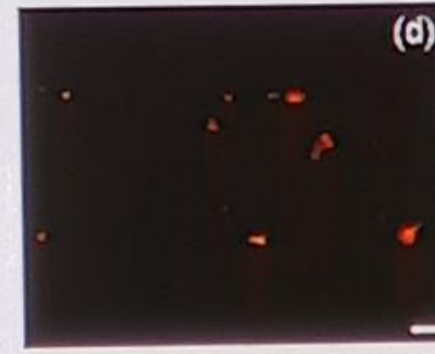
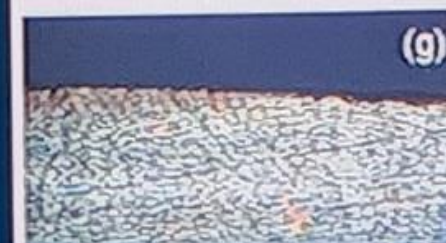
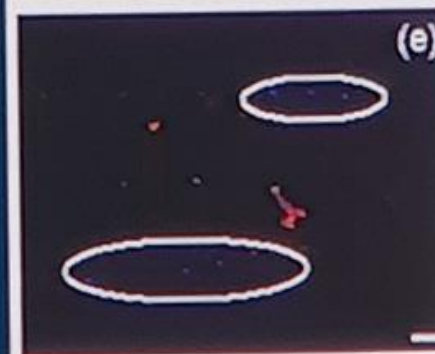
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**EDIC/EF microscopy
of ME7-infected brain
homogenate
contamination on 2
different areas of
surgical forceps**

Bars: 100 μm

Approx 47 μg of tissue protein
and 640 pg of PrP^{Sc} amyloid
were detected per mm^2 of the
instrument surface after only
one second contact time -
equates to **18 femtomoles of
 PrP^{Sc} per mm^2**



ThT

SR

ThT/SR

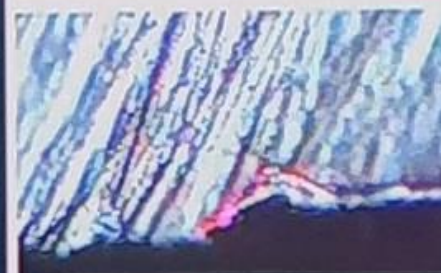
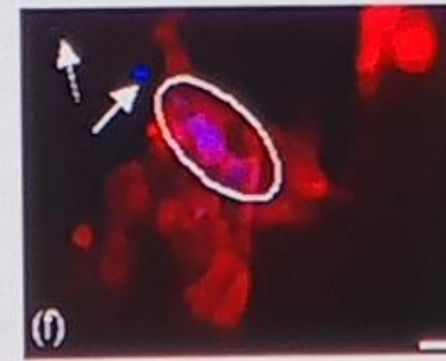
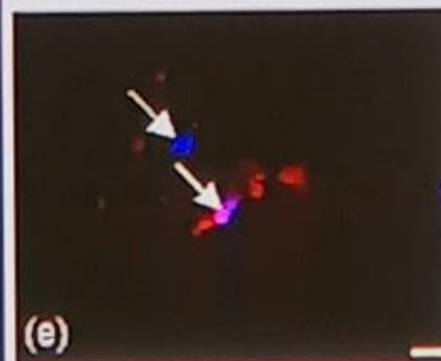
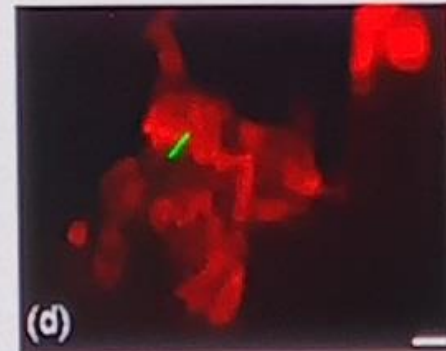
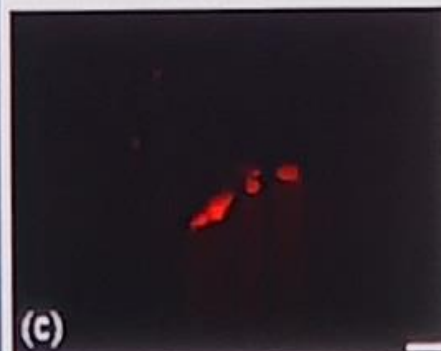
**EDIC/
ThT/SR**

**High magnification
EDIC/EF microscopy
of ME7-infected brain
homogenate
contamination on 2
different areas of
surgical forceps**

Bars: 10 μ m

Tissue proteins do not tend to
aggregate around amyloid
cores.

Contamination tended to
aggregate in grooves or pits.

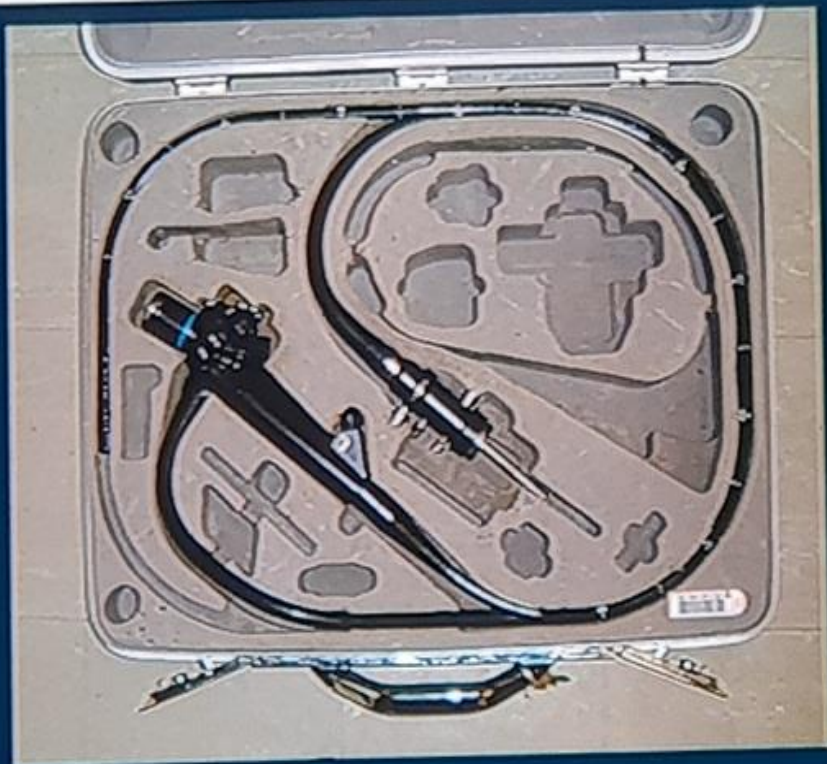


ThT

SR

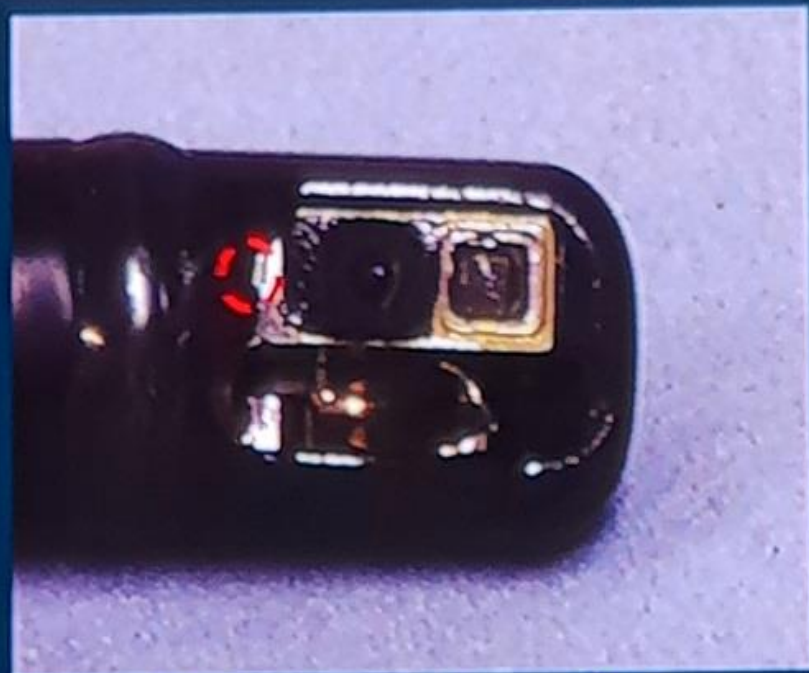
ThT/SR

**EDIC/
ThT/SR**

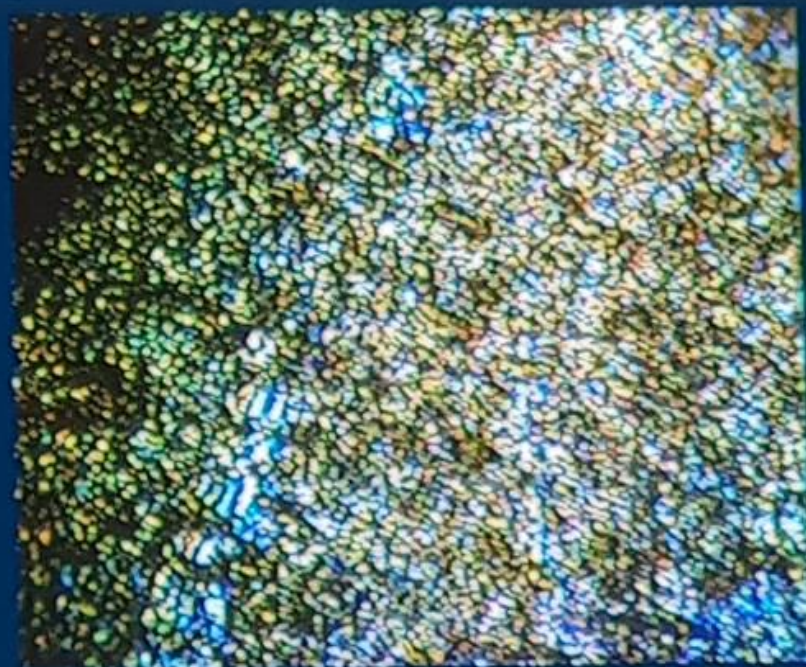


**Flexible
Endoscope
Studies:**

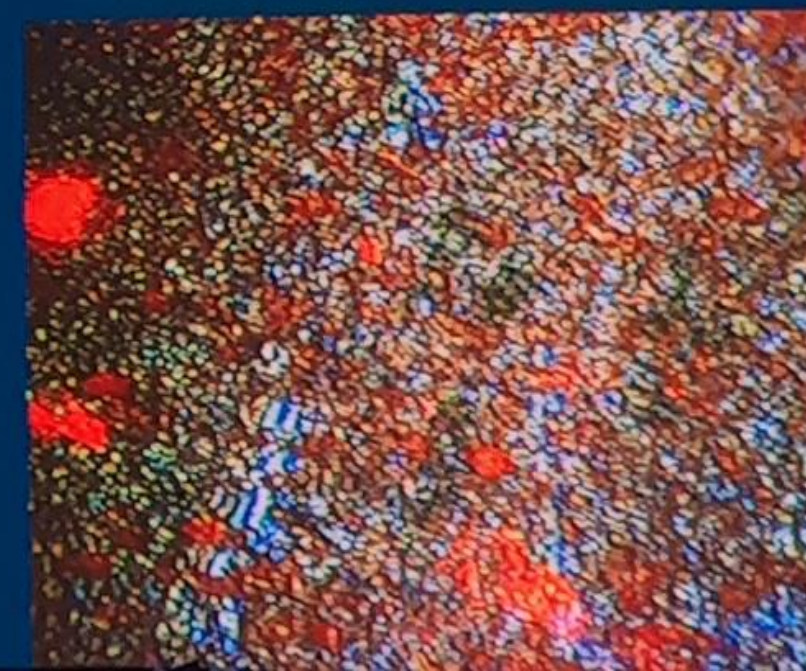
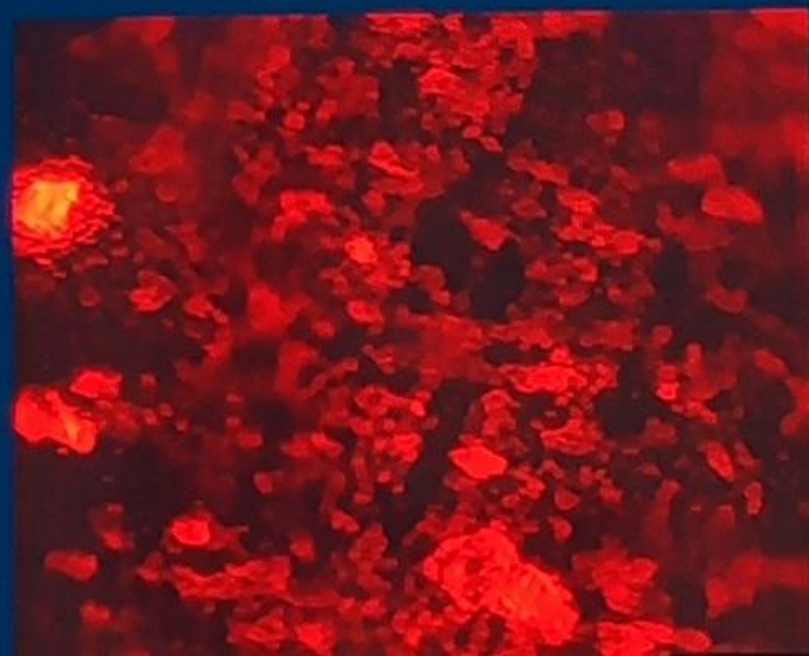




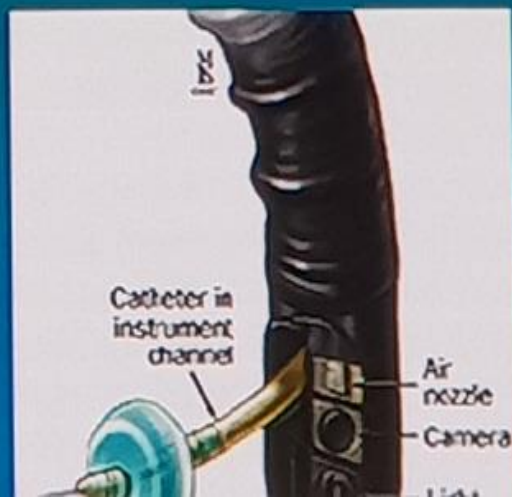
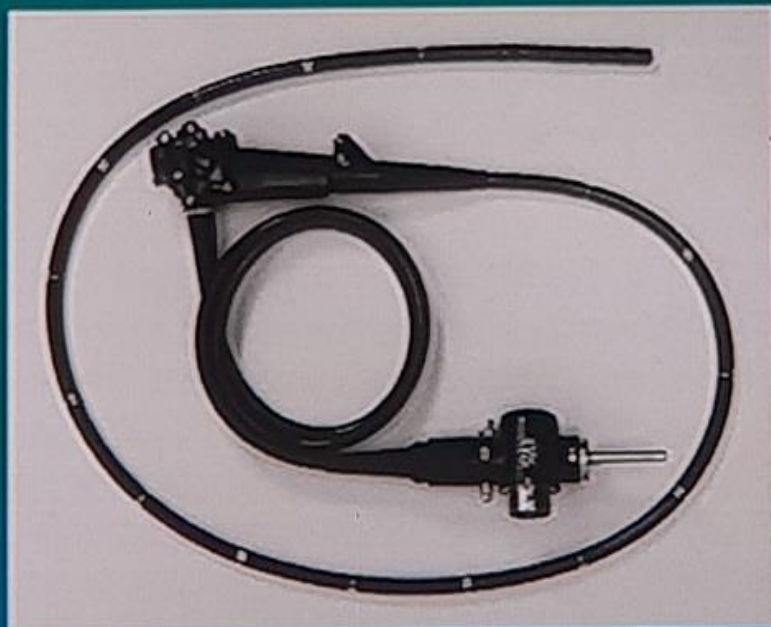
Duodenoscope stainless steel ledge



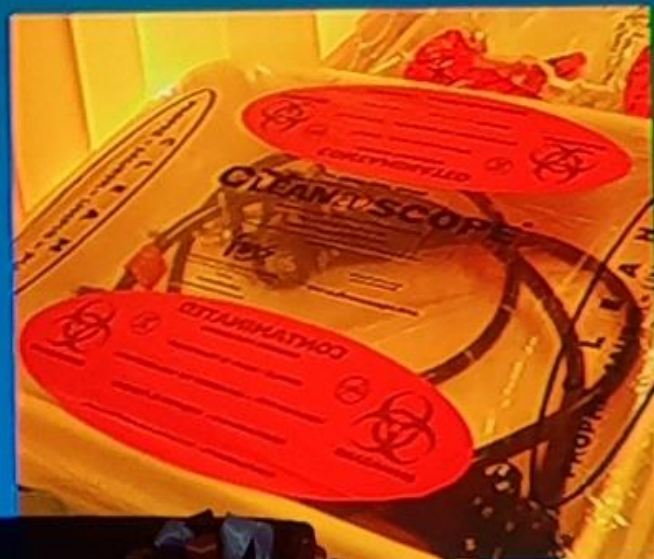
Proteinaceous deposits on SS ledge (x 600)



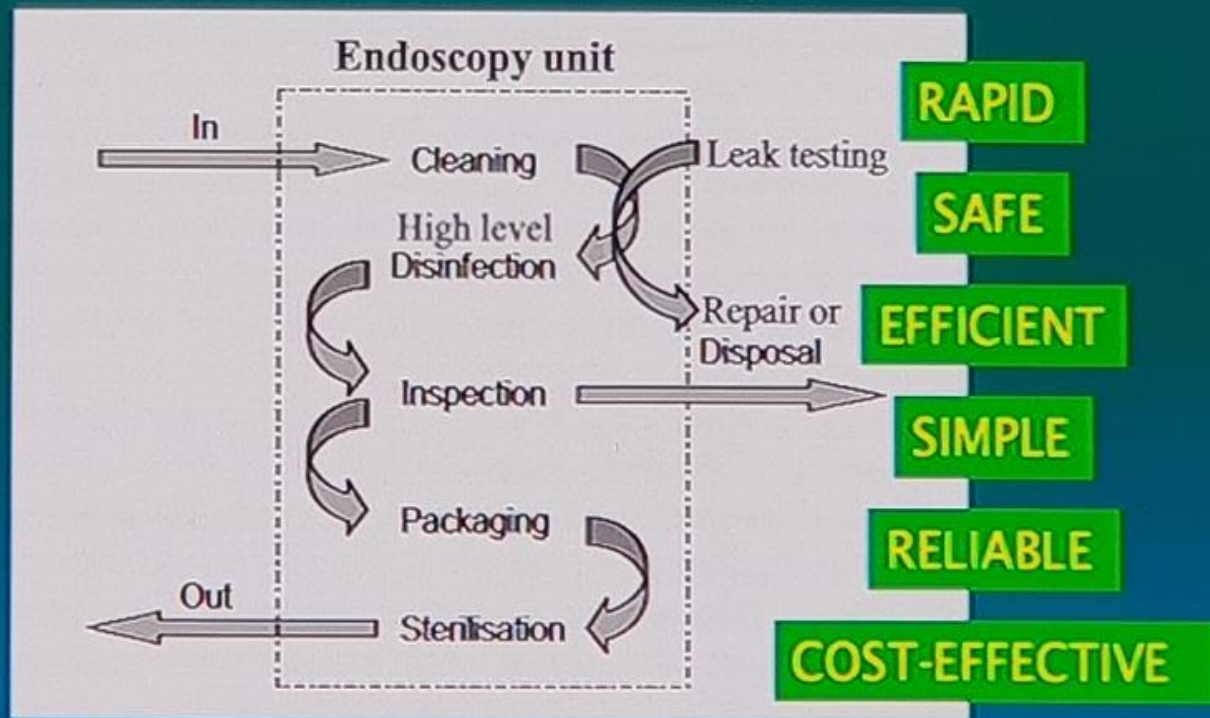
Luminal endoscopes



Reprocessing luminal flexible endoscopes



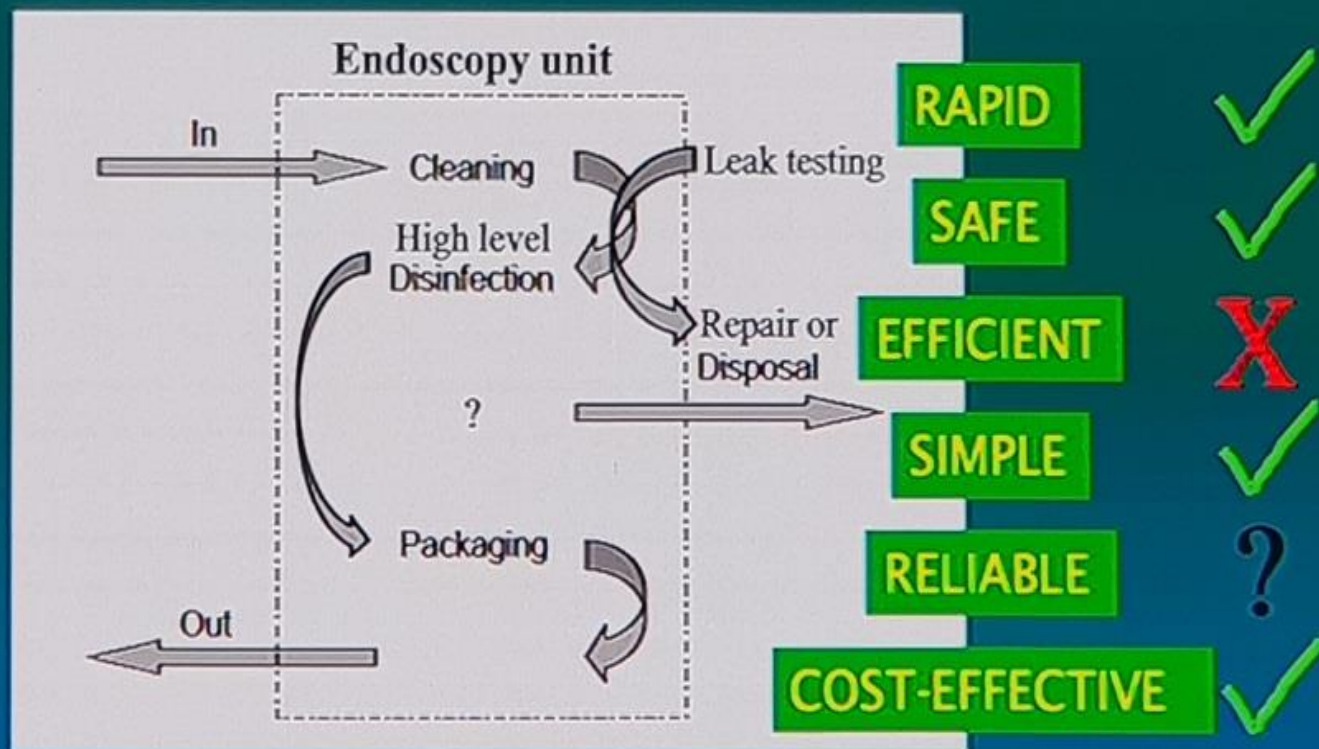
Reducing the risks of iatrogenic infection through endoscopy



The five main functions performed in a
hospital sterile service department

and the practical requirements

Reducing the risks of iatrogenic infection through endoscopy

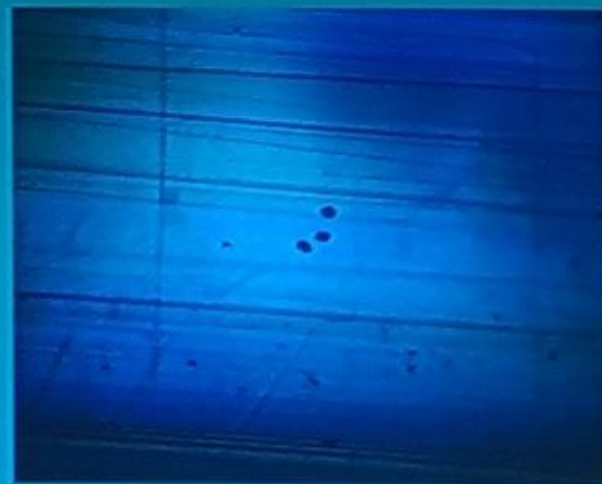
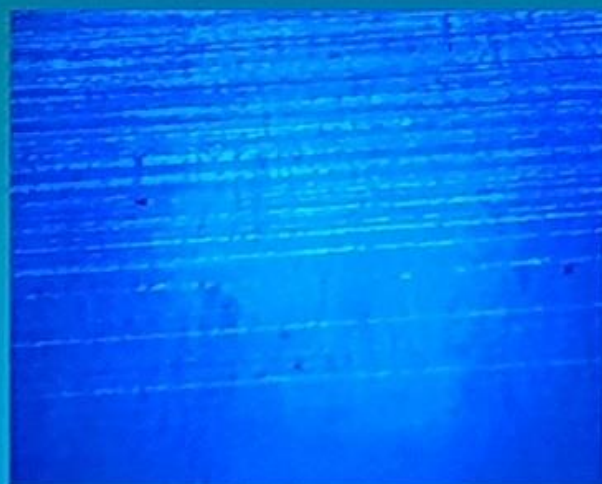
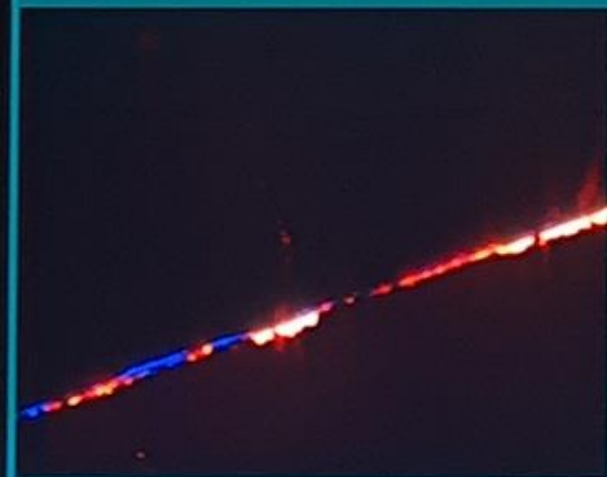


The five main functions performed in a
hospital sterile service department

and the practical requirements

Channels recovered from endoscopes in clinical use

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gastroscope

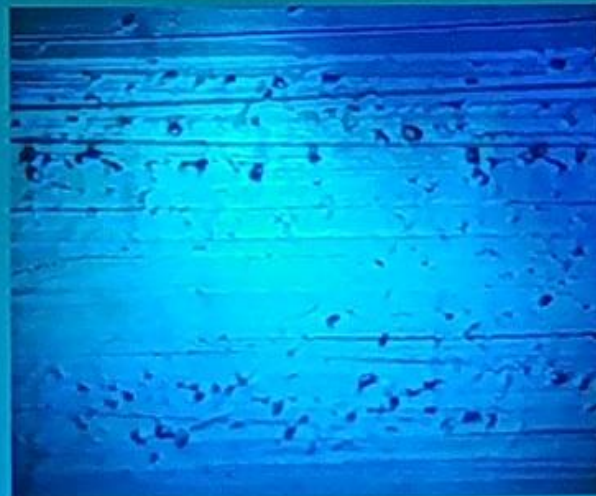
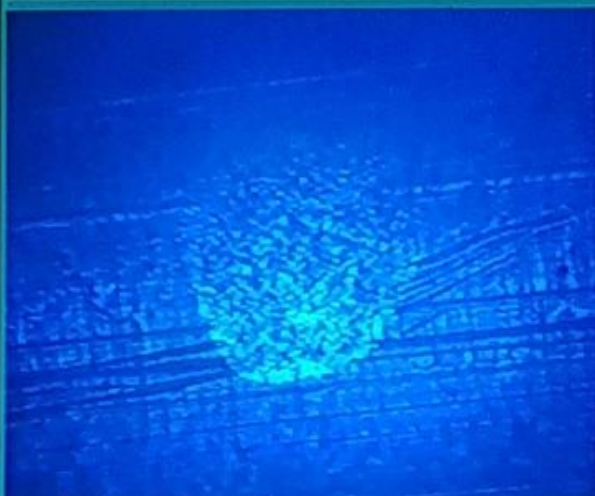
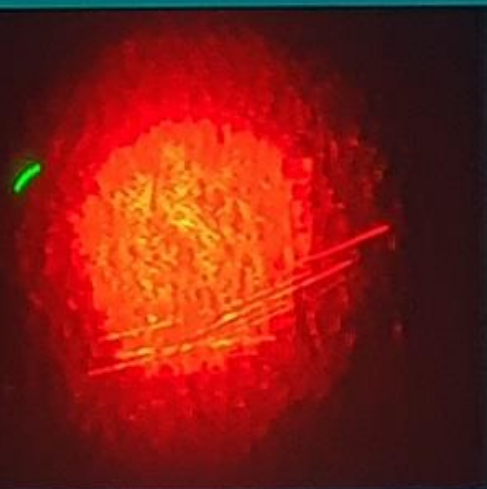
colonoscope

bronchoscope

100µm

Channels recovered from endoscopes in clinical use

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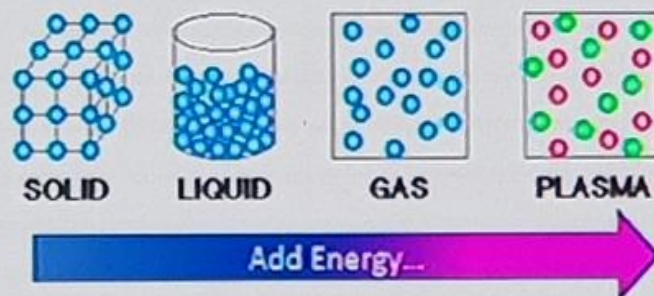
colonoscope

colonoscope

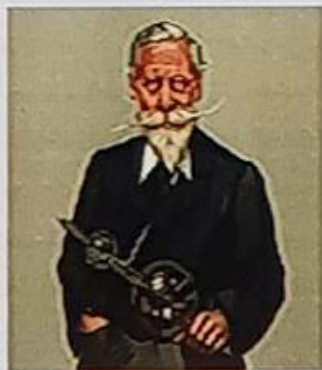
bronchoscope

100µm

Plasma – the 4th state of the matter



The forth state of matter was first 'discovered' by Sir William Crookes in 1879.



-It was first described as 'plasma' by Irving Langmuir in 1928.

plasma " 'region containing balanced charges of ions and electrons' "

blood plasma "variety of different 'corpuscles' suspended in liquid"

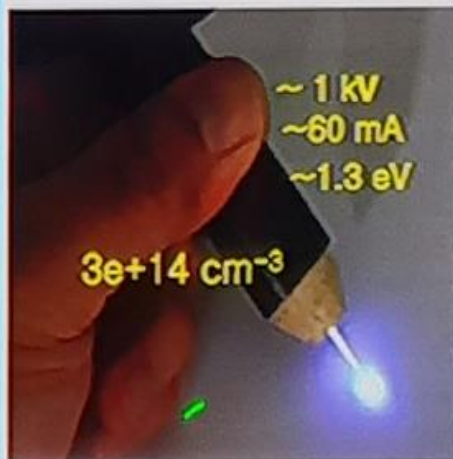
Plasma - a state of matter similar to gas in which a certain portion of the particles are ionized.
categorized into **cold** and **hot** plasmas based on an electron temperature / ionization rate.

- Plasma Discharges**

	Corona Discharge (CD)	Dielectric barrier Discharge (DBD)	Atmospheric Pressure Plasma Jet (APPJ)	Micro Hollow Cathode Discharge (MHCD)
Electrode Configuration	Sharply pointed electrode	Electrodes are covered by dielectric materials		Micro Hollow cathode
Ignition method	Pulsed DC	Pulsed DC / AC / RF	Pulsed DC / RF	DC
Operating pressure	Atmospheric pressure	Atmospheric pressure	Atmospheric pressure	Atmospheric pressure
Breakdown Voltage	10 ~ 50 kV	1 ~ 10 kV	0.05 ~ 2 kV	
Operating gas temperature	300 K	300 K	400 K	2000 K
Shield gas requirement	No	No	Yes	Yes
Scalability	No	Yes	Yes	Yes

Plasma devices for biomedical applications

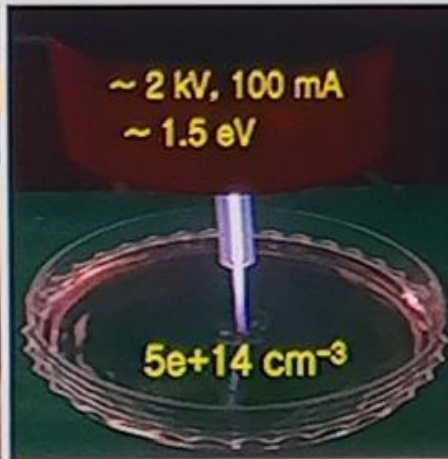
Under Air Plasma



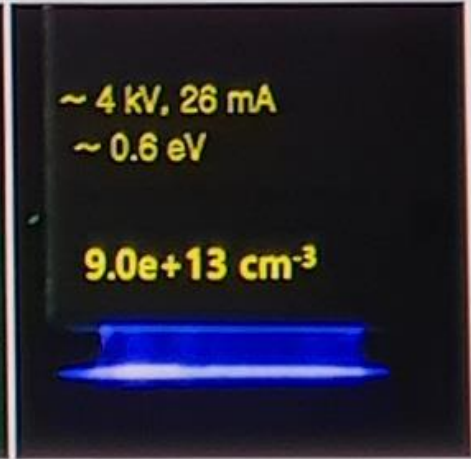
Soft Jet plasma



Microwave Jet plasma



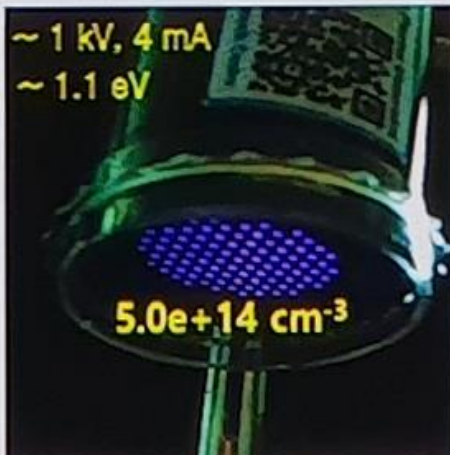
FE-DBD Jet plasma



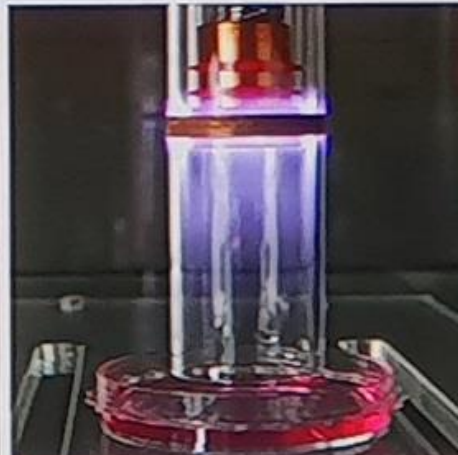
FE-DBD plasma



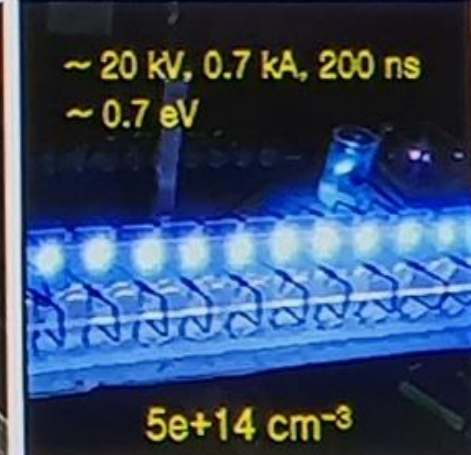
μ -DBD plasma
(90mm)



μ -DBD plasma
(35mm)



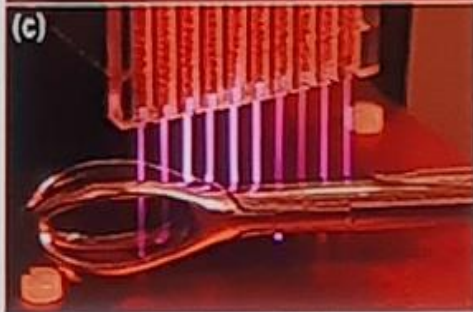
Annular Jet plasma



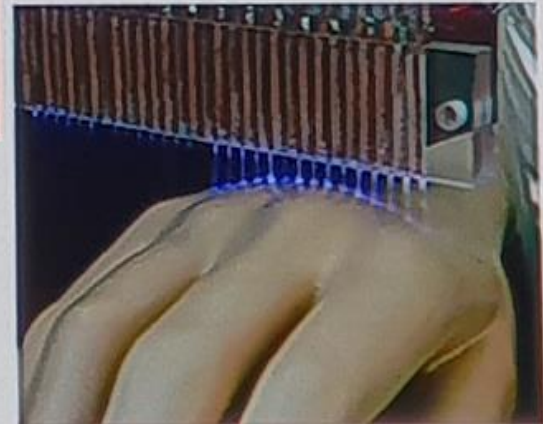
Nanosecond pulse plasma

CAP endoDecon | Versatility and Uniformity Control

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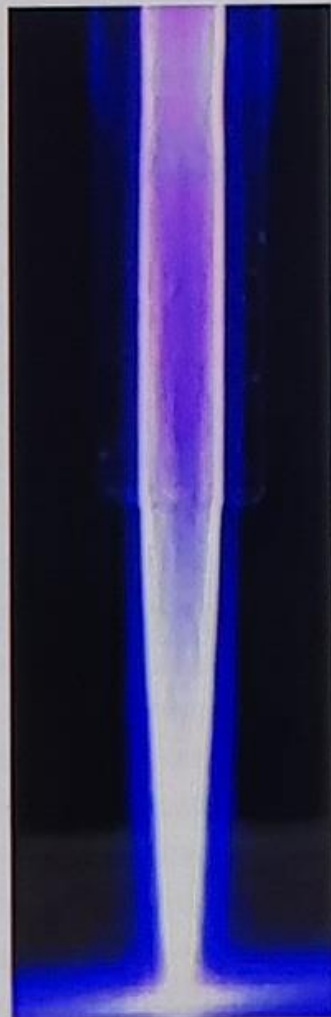


The long lumen challenge



Biological applications – Decontamination – How?

Synergy



OH

O

O_2^-

NO

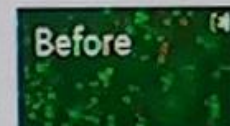
H_2O_2

O_3

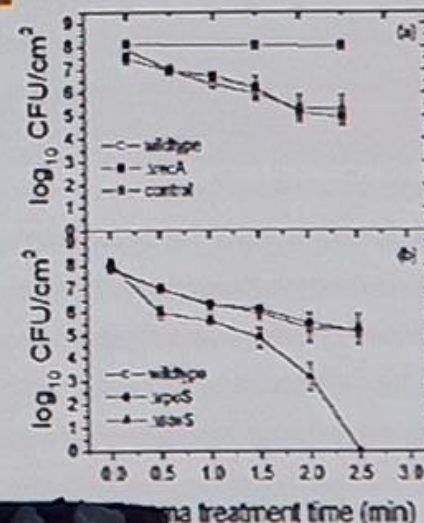
UV photons

E – Fields

E. coli



2. Live/Dead stain



1. Culture recovery

How Dead is Dead?

Plasma ion



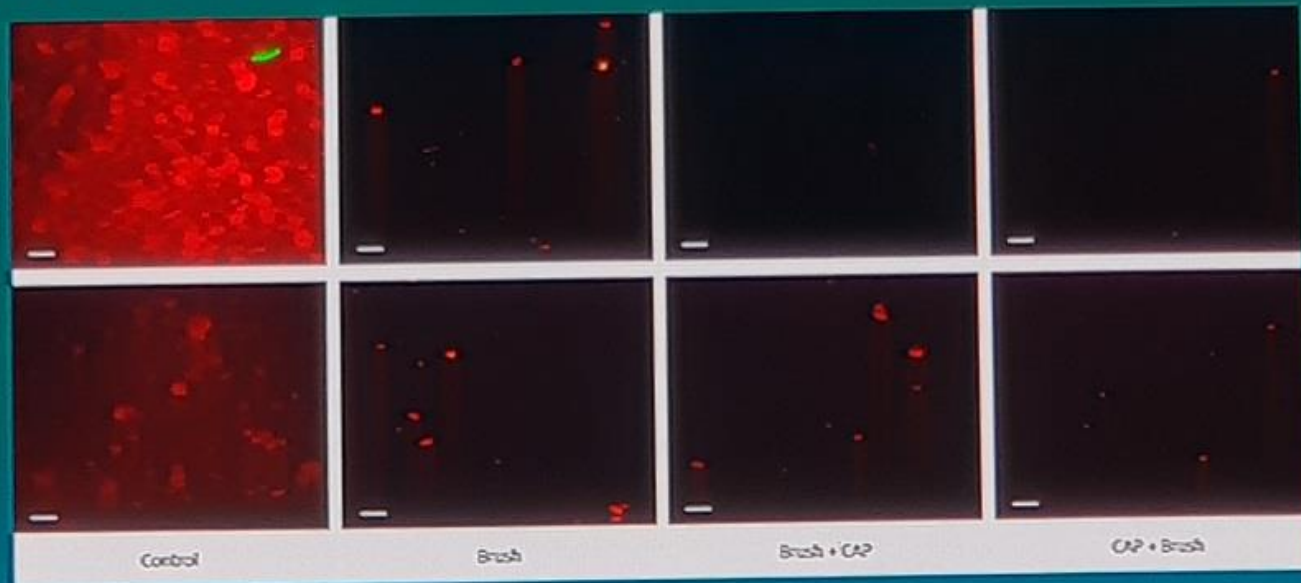
How Clean is Clean?

Dead but not Gone –
LPS Endotoxin; Prions?



Endoscope channels: residual protein
after combined CAP/ enzymatic cleaning
against Browne soil.

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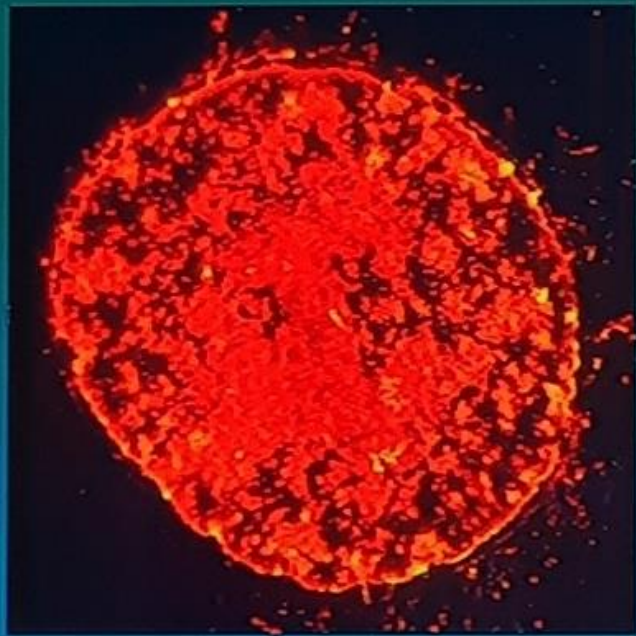


Micrograph bars
are 100 μm

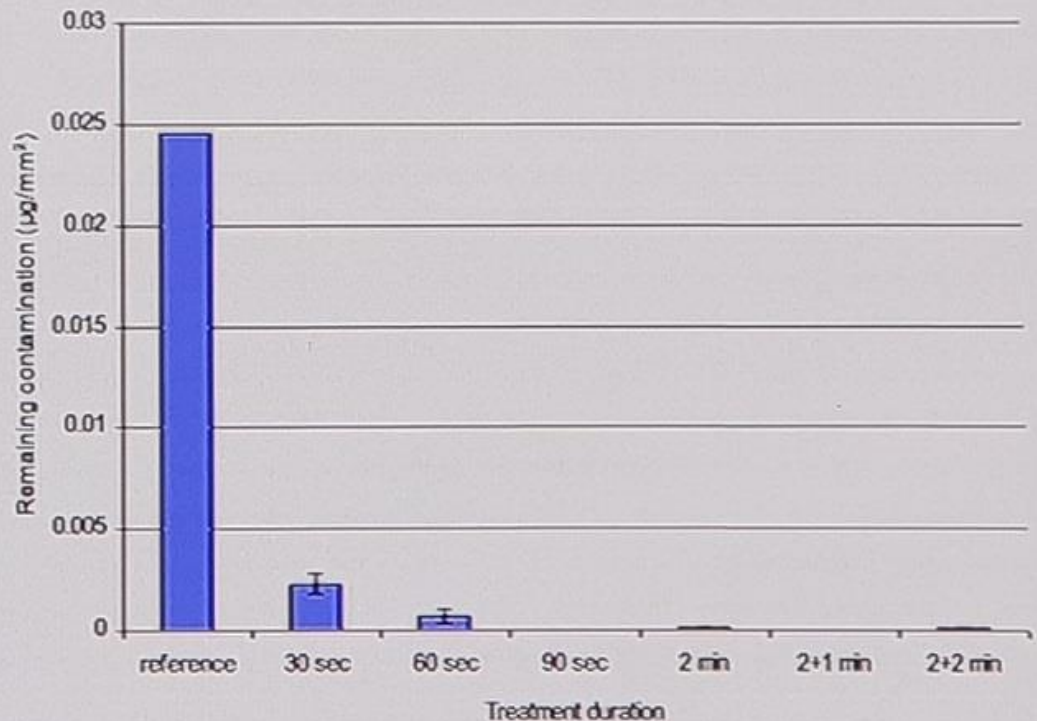


Surgical stainless steel

CAP prototype: He/O₂ gas



Control mouse brain homogenate
(protein content: 1 μ g)

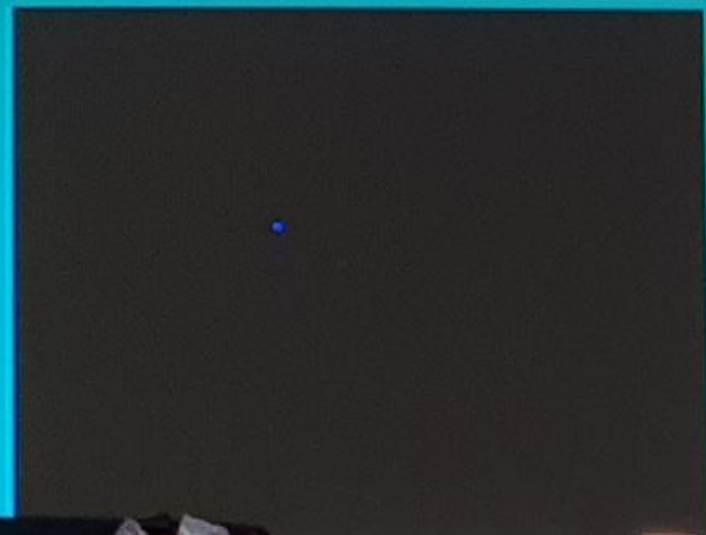
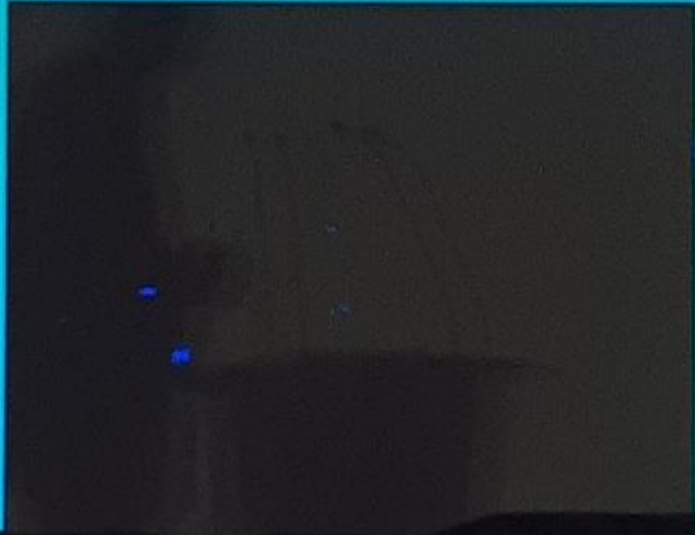
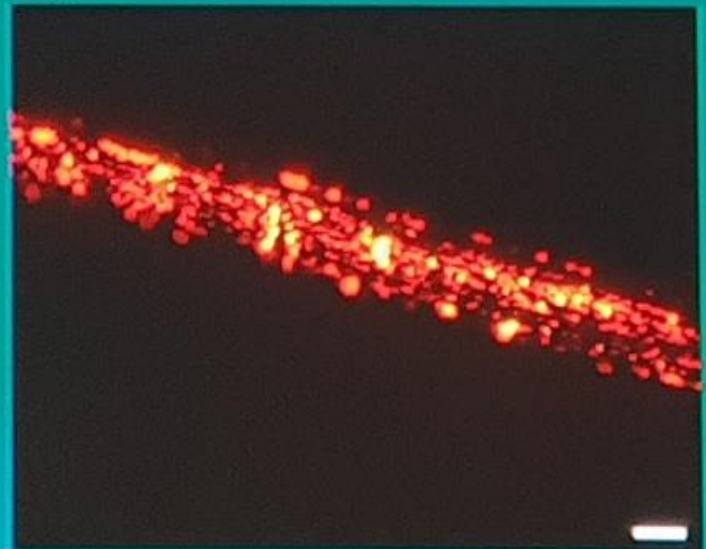
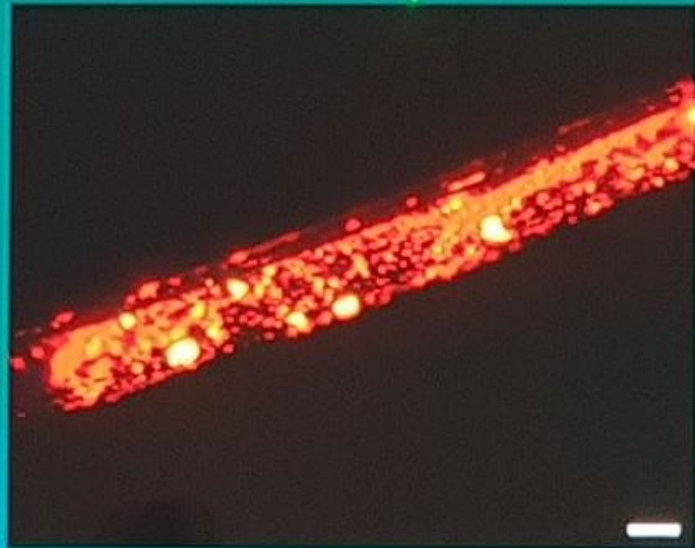


Animal infectivity assays:

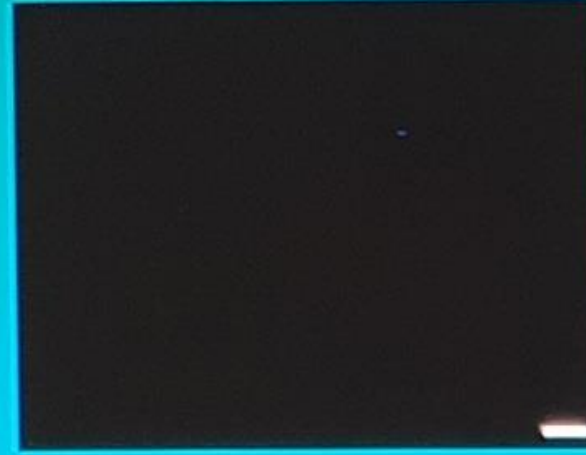
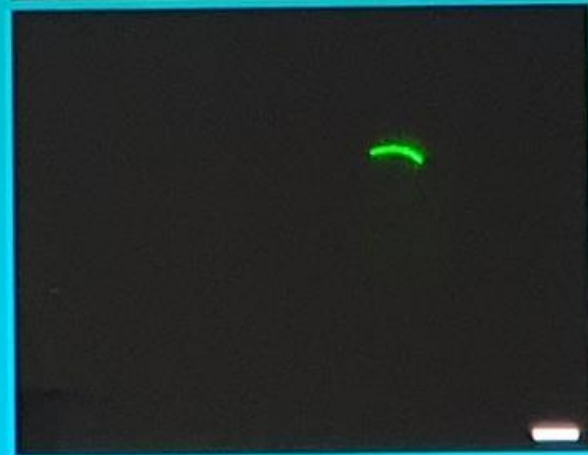
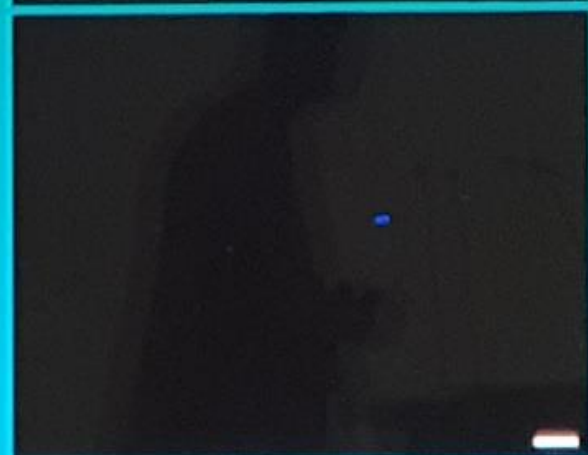
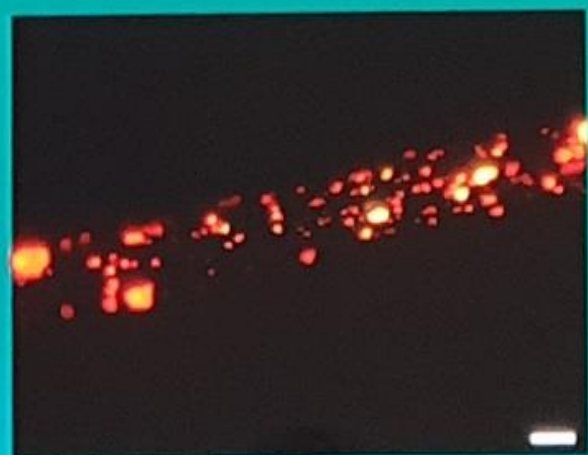
Wire implant in brain model

363K Scrapie

Spiked implant wires before CAP treatment



Spiked implant wires after partial CAP treatment

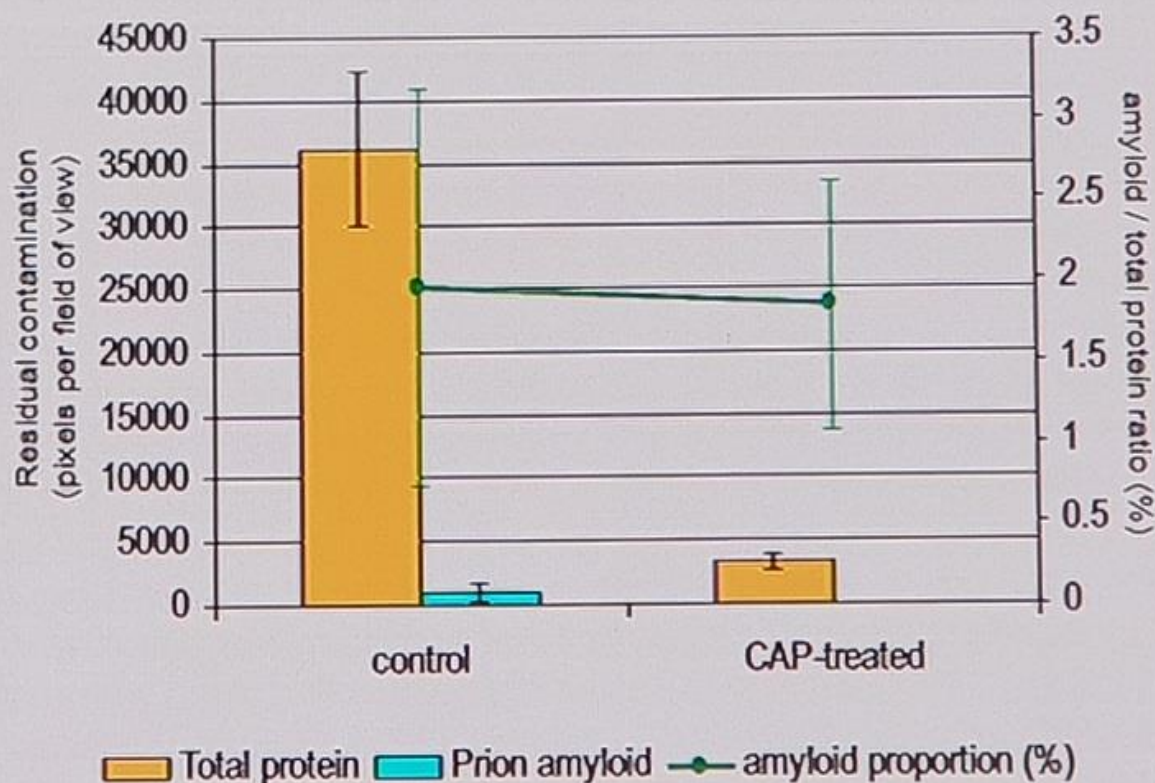


30 sec

60 sec

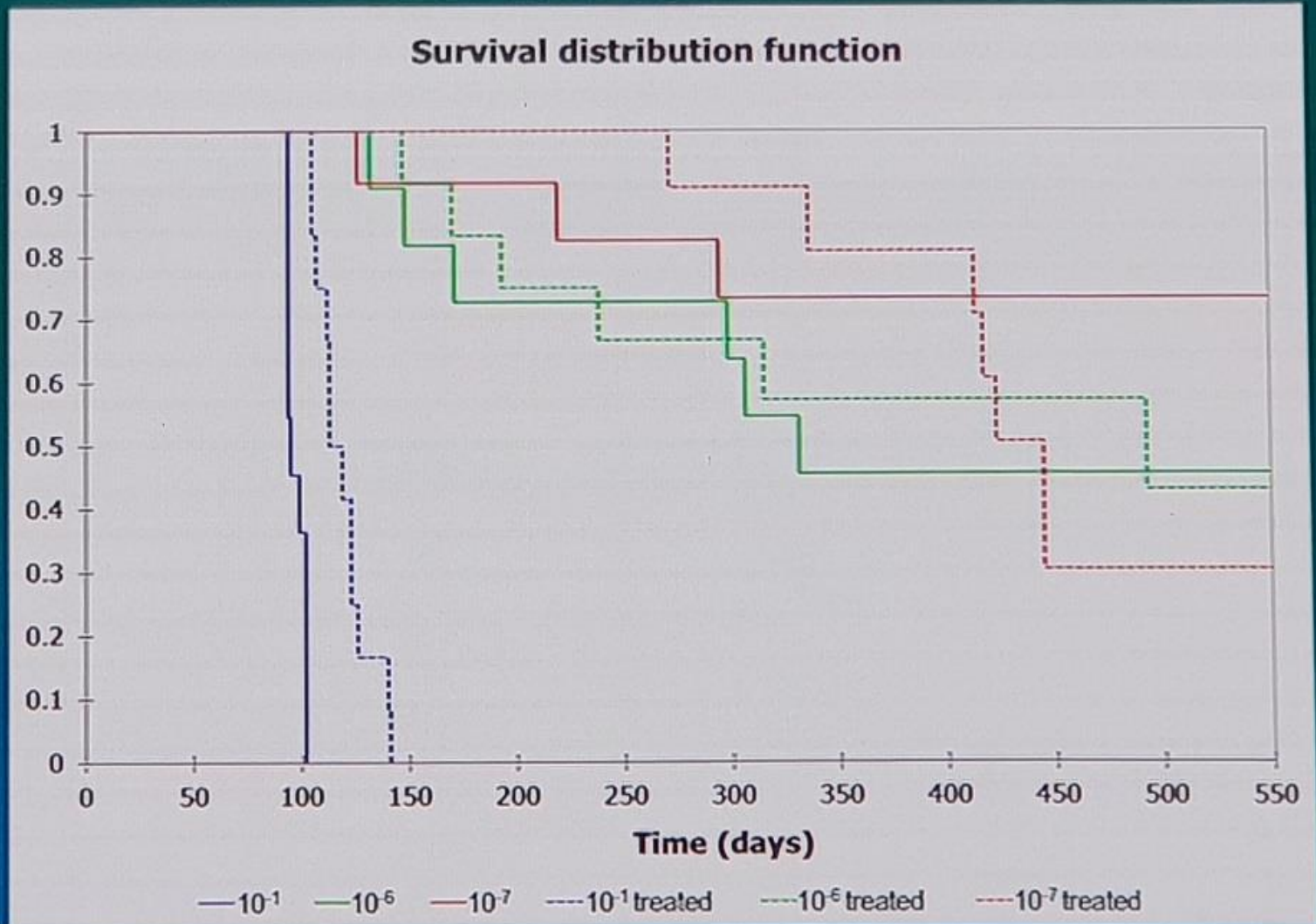
90 sec

EDIC/EF SR/ThT microscopy:
CAP appears equally effective against
amyloid proteins



Pencil-CAP treatment of contaminated wires gives partial reduction in infectivity

UNIVERSITY OF
Southampton
School of Biological Sciences



Cell culture infectivity assays

Passage study (22L titre)

Passage 8 post
infection

A



10^{-4}

10^{-6}

10^{-8}

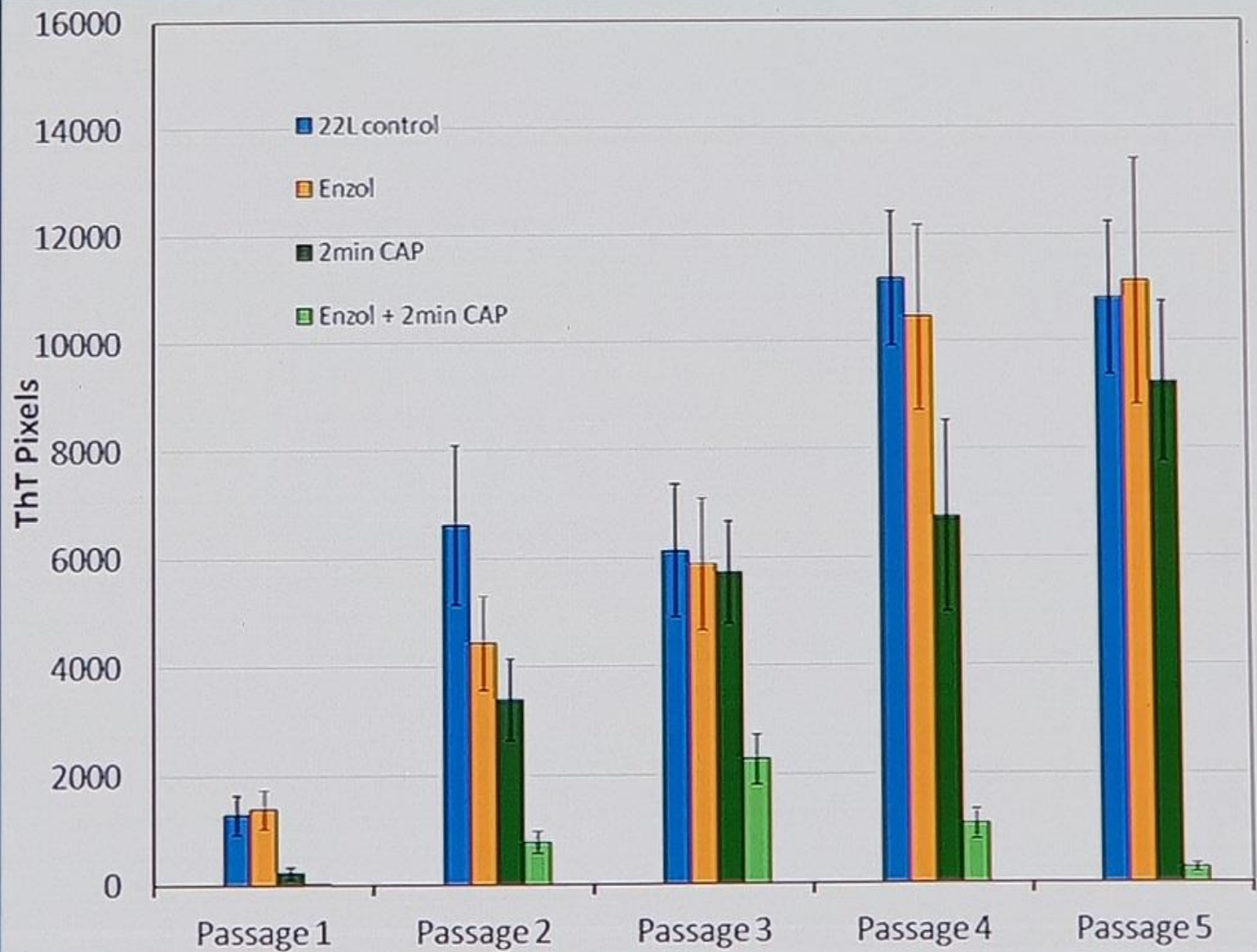
10^{-9}

10^{-10}

B



N2a SB/ThT assay: sensitive dynamic infection range: low as
a final 10^{-10} brain dilution



- Enzol very efficient at removing proteins, but not infectivity of remaining protein residues.
- 2 min CAP treatment also inefficient at removing the prion infectivity (gross contamination

Conclusions

May be better to use CAP after the conventional wash processes, to inactivate any remaining infectious prion residues as a final “polish” procedure.

Acknowledgements

Ian Lipscomb

Rodolphe Hervé

Tom Secker

Arinder Sihota

Hannah Pinchin

Rebecca Collin

Kate Harris

Minkwan Kim

Contributing endoscopy units and staff

The Pirbright Institute

NCJDRSU (Edinburgh)

English Department of Health; NIHR

NAMRIP (EPSRC)

Fondation Alliance BioSecure, France

Michael Kong (ODU, Norfolk USA)

Jean-Philippe Deslys (CEA, Paris)