



How circular economy technology contributes to sustainable instrument management

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Research for circularity as model for cost-saving and sustainable Instrument Management

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Circularity for sustainable surgery:

1. Recycling of basic materials from disposed surgical instruments.

2. Minimizing instrument replacement by using modular design methods that extend the life cycle of instruments.



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Study Objective

To identify how healthcare can benefit from a circular approach with sustainable instruments.

Research Questions

- How can circularity and circular economy models contribute to sustainable healthcare?
- How will circularity contribute to society and protection of our natural resources?



Relevance

The earth's population in 1800 counted 1 billion, having taken all of human history to reach that number. Only 2 centuries later, the global population is 6 billion, half of which lives in cities.¹

The world's population has touched a mark of 7.3 billion in 2015 and could attain growth level of 9-12 billion before the year 2050.²

If the growth of the demand from the growing population continues at this rate, by 2030 with a global population of 10 billion people, two Earths will be needed to satisfy all of the population's demands.

1. Mittal, Rahul. (2013). IMPACT OF POPULATION EXPLOSION ON ENVIRONMENT. Weschool Knowledge builder - the national journal.

2. Uniyal, Shivani & Paliwal, Rashmi & Saun, Bhumija & K. Sharma, R. (2017). Human Overpopulation: 10.4018/978-1-5225-1683-5.ch001.



Relevance

Generating waste in society is increasing

• In 2018, the Netherlands exported 6.847 thousand tonnes of recyclable metal waste only. That is 3 percent more than in 2010.³

 25.000 tons of Dutch waste was exported to Indonesia only in 2018, compared to 1.000 tons in 2017.³

 Metal-ore extraction and metal production increased three-fold from 1970 to 2010. The steepest increase occurred from 2000 to 2010.⁴

3. Central Bureau of Statistics (CBS), Ministry of Infrastructure and Water Management, waste figures at national level, 2019 - https://www.cbs.nl/nl-nl/maatwerk/2019/11/export-van-afval -

4. Bringezu, S et al. (2017). Assessing global resource use: A systems approach to resource efficiency and pollution reduction (A Report of the International Resource Panel)



From our planet's point of view, there's no throwing garbage out. Because there is no "out".



We need to change awareness around mass consumption and our throw-away mentality.



Alternative: the Circular Economy

• The Circular Economy has gained significant interest around the world. Circularity meaning an economic system in which waste is minimized or even completely reused.³

 Waste minimized. this can be achieved through longlasting design, maintenance, repair, reuse, remanufacturing, refurbishing, recycling, and upcycling¹. This is in contrast to a linear economy which is a 'take, make, dispose' model of production.⁴

³ Geissdoerfer, Martin et al. (2017). "The Circular Economy – A new sustainability paradigm?". Journal of Cleaner Production. 143: 757–768.

4. Towards the Circular Economy: an economic and business rationale for an accelerated transition. Ellen MacArthur Foundation. 2012. p. 24.



Methods

- In 2018 and 2019 different scientific experiments as well as actual business cases were carried out where hospital waste was used as raw material for new medical products.
- Surgical instruments were collected, repaired and refurbished into new manufacturing's condition.
- Non-repairable instruments, used disposable instruments and other stainless-steel waste was collected and melted into metal sheet (plates).
- Metal sheet plates were used for the manufacturing of components for mesh baskets and FlexClean Medical flushing tools.







Results

- More than one ton of rejected instruments were collected from four different hospitals during a period of 24 months.
- Some instruments needed to be separated on material specification.
- 95% of the waste consisted stainless steel that was completely recyclable.
- The remaining 5% consisted of plastic wrappings and protective caps, valves and aluminum labels/ tags.



Results

- From the 1.380 Kg, 50 Kg consisted of disposable stainless-steel instruments.
- 1.330 Kg was found to be surplus stainless-steel instruments and surplus mesh baskets.
- The cleaning and handling costs of disposable stainless-steel instruments was calculated at 50 cents per Kg waste.







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 This recycled material was used on a water jet cutting machine to make new components for surgical instrument mesh baskets.

Modular designed instruments



Modular design

→ Easy repair

→ Reusability

 \rightarrow Materials

recycling

Most "advanced" laparoscopic instruments are (semi) disposable

Advantages:

- No sterilisation costs
- Sterility is guaranteed
- No complex modular design

Disadvantages:

- Waste is expensive
- Environment
- Growing interest for sustainable procurement
- Complex disposables are expensive









Example: sustainable steerable instruments



Problem: Current Surgical robot related costs



- Around 30 systems sold yearly → 50 Mil revenue
- Instruments 1500 x 400 → 600 Mil revenue



[Forbes 2018]

Instruments designed for High profit markets





SI- Endowrist Needle driver SI- Endowrist Xi Needle driver

TransEnterix Needle driver



Instruments designed for High profit markets





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TransEnterix Needle driver



Instead focus on advanced cleaning



Special connection mounts for tip



Special trays/methods for instrument positioning



Special connection mounts for base



Special methods to clean tray

Disruptive technology is needed





[Amos 2016]

Next step: Design for sustainable use

What can we do to facillitate the cleaning process and instrument recycling?

- Modular instrument with replaceable components
 - No "hidden" areas
 - Inspection of all components possible
- Conventional (simple) cleaning methods
 - Standard cleaning trays
 - Horizontal positioning
 - Flushing with Luer-lock

SATA Arthroscopy line (1 DOF articulation)



SATA Laparoscopy line (2DOF articulation)



Focus on cleanable instruments



3 tubes for tip actuation, No cables





Box trainer Results

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1B 2A 2B

1A



1 trial

Results interpretation

Cost calculation example:

- Well trained CSD employee assembles in ~ 1 minute
- Robot instrument (7k euro) 10 times reuse ~ 100 euro processing.
 - → Total 60 procedures 42.600 euro
- SATA instrument (target 5k euro): 60 times reuse cost ~ 600 euro processing & 60 euro extra processing fee.
 - → Total 60 procedures 5.660 euro

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- New research line Circularity for sustainable surgery
- SMART surgical instruments- collaboration India and The Netherlands for a.o. modular SATA based instruments
- RAPID NIMIT program for Reusable modular catheters

[Horeman, Van straten, Larsson, Robertson, Weij, Dankelman, Schilder, Klok, MISIT-CSS group , TU-Delft (2019)]



Conclusion

The outcome indicates that circular models for reprocessing of surgical waste can be feasible as sustainable solution.

- Collecting and recycling of stainless steel waste seem economically feasible.
- Modular advanced endoscopic instruments are feasible in terms of waste and cost reduction.



Take home message

 In order to support recycling and circular reprocessing, hospitals should collaborate and allow collection of hopital waste for recycling.

 Expect a change on the OR/CSD towards more sustainable and smarter instruments



Thank you for your attention

 Follow our research on LinkedIn and Facebook: Tim Horeman & Bart van Straten.



